

Valproate ▼ (Epilim, Depakote, Convulex, Episenta, Epival, Kentlim, Orlept, Sodium Valproate, Syonell, Valpal & Belvo)

Contraception and Pregnancy Prevention – Important information to know

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception at all times during your treatment with valproate.
- It is important to visit your specialist to review your treatment at least once each year.



These medicines are subject to additional monitoring. Report any side effects to www.mhra.gov.uk/yellowcard

Keep this card safe so you always know what to do.

Valproate ▼: Contraception and Pregnancy Prevention

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What you must do

- Read the package leaflet carefully before use.
- Never stop taking valproate without discussing it with your doctor as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant, do not stop using valproate. Make an urgent appointment with your GP.
- Ask your doctor to give you the Patient Guide for **prevent** – the valproate pregnancy prevention programme.

prevent
valproate pregnancy
prevention programme